

New City Catechism

Question 30: What is faith in Jesus Christ?

Answer: Receiving and resting on him alone for salvation as he is offered to us in the gospel.

Galatians 2:20

We are going to begin today by doing a “Faith Fall” (Trust Fall). Have your kids take turns falling backwards from the ground or a chair and have everyone else catch them. Use a blindfold to up the “fear factor” if you’d like.

When finished, discuss:

- How did it feel to fall back?
- What kind of faith and trust did it take?
- Did it matter to you who was doing the catching?

Today’s Q&A deals with faith in Jesus Christ (read the question). Before reading the answer, ask family members to suggest answers. Then read the answer and commit it to memory.

- What is easy about putting our faith in Jesus?
- What is hard about it?
- How do you know if you are forgetting to rest on Jesus alone for your salvation?

Just like we had to trust the members of our family to catch us, we have to trust Jesus alone to save us. We must rely on what we know about Him from his Word and from how his Word tells us to receive him. We must remember that we are not saved by trying harder to obey him. His commitment to save us does not change with our performance.

End today by reading these treasures from God’s Word about faith. Discuss what each of them means and the faith it requires from us.

- Hebrews 11:1
- Hebrews 11:6
- John 6:28-29

Prayer: In Luke 17:5, the apostles said to the Lord, “Increase our faith!” Spend time praying that the Lord would do just that!

Please make use of the New City Catechism app or website Commentary, Video and Prayer as you see fit.

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