



# THE SEVEN PRINCIPLES WORKSHOP FOR COUPLES

**WEDNESDAYS, OCTOBER 2 to NOVEMBER 20, 2019 (8 WEEKS) \* 6:30-8:30 PM**

The Seven Principles Workshop for Couples is based on the internationally acclaimed research of Dr. John Gottman as presented in his New York Times bestselling book *The Seven Principles for Making Marriage Work*. This educational workshop is designed to help couples improve their friendship and conflict management skills.

**REGISTER BY SEPTEMBER 18, 2019**

## WORKSHOP DETAILS

The Seven Principles Workshop includes lectures and private couple exercises. Registration includes the book *The Seven Principles for Making Marriage Work* by John Gottman and two workbooks. Participants will not share their personal problems in front of others.

## WHAT YOU WILL LEARN

This 8-week workshop provides proven tools to help couples:

- Improve friendship, fondness, and admiration
- Enhance romance and intimacy
- Manage conflict constructively
- Gain skills to address perpetual and solvable problems
- Create shared meaning
- Maintain gains throughout a lifetime

## WHO SHOULD ATTEND

- Pre-engaged
- Premarital
- Everyone from newlyweds to seniors
- Those who wish to enhance a good marriage
- Those needing better conflict management tools

## HOW TO REGISTER

Register by mail, email, phone or fax. Upon registration you will receive a confirmation email/receipt. If you don't receive your confirmation at least one week prior to the class, please call for confirmation.

### Date & Time:

Wednesdays, Oct 2 –  
Nov 20, 2019  
6:30 – 8:30 PM

### Location:

Family Bible Church  
15515 Husky Way  
Evansville, IN  
47725

### Presenters:

Ann Smith, LCSW  
Isaac Martin, LMHC

### Cost:

\$100 per couple

### Registration Contact:

P: 812-205-8179

F: 812-618-0959

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6008 Berry Lane

Evansville, IN 47710



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